

Saturday ... Starting at 12:00pm

FORMS 10
F27 – Beg. Men 18+
F28 – Int. Men 18+
F29 – Adv. Men 18+

Sparring in same Ring

FORMS 7
F24 – Beg. Women
F25 – Int. Women
F26 – Adv. Women

Sparring in same Ring

4

1

Black Belt 11
S62 – Women Fly -134
S63 – Women Lt +135
S64 – Exec. Women 32-41
Fly -144
S65 – Exec. Women 32-41
Lt +145
S65A – Sr Exec. Women 42+

Black Belt 8
S66 – Lt Wt. Men 18-34
-160lbs
S67 – Med Wt Men 18-34
161-185lbs
S68 – Hvy Wt Men 18-34
+186lbs

5

2

Black Belt 12
S69 – Exec Lt Wt Men 35-44
-185lbs
S70 – Exec Hvy Wt Men 35-44
-185lbs
S71– Sr. Exec Lt. Men 45-54
-185lbs
S71– Sr. Exec Hvy. Men 45-54
+186lbs
S73– Sr. Exec Men 55+

9

6

3

Stage